

**Subject:** Birth Control Claims Processing Policy

**Effective Date:** 1/1/16

**Revision Date:** 12/18

**Review Date:**

## **POLICY**

It is the intent of the OSU Health Plan (OSUHP) to assure appropriate coverage for all 18 FDA identified/approved contraceptive methods for women as required by the Affordable Care Act. This also includes services related to follow-up, management of side-effects, patient education and counseling for adherence related to the provision of the contraceptive method. This policy also applies to eligible dependent children.

## **APPLICABILITY**

The new health care law (the Affordable Care Act) requires certain preventive health services and screenings to be covered in all new health insurance plans without cost-sharing. This means that, for the preventive health care services included, a member will not be charged a co-payment for the services and the costs of the services will not be applied to their deductible. This includes all FDA approved contraceptive methods for birth control for women. ***This policy does not apply to any male forms of contraception or sterilization.***

## **POLICY GUIDELINES**

The OSUHP utilizes reasonable medical management techniques to control cost and utilization such as:

1. Full coverage for formulary generic techniques and required cost sharing for formulary brand techniques.
2. Coverage for OTC techniques at point of service when purchased through the pharmacy benefit plan with a prescription, or after purchase when submitted to TPA with prescription and claim form.
3. Full coverage for certain IUD with progestin and cost sharing for others.
4. Full coverage is limited to women less than age 51. Most women age 51 or older are using certain methods for hormone replacement, not for birth control.
5. The OSUHP will cover insertion and removal of certain devices in full:
  - 11976: Removal, implantable contraceptive capsules
  - 11981: Insertion, non-biodegradable drug delivery implant
  - 11982: Removal, non-biodegradable drug delivery implant
  - 11983: Removal with re-insertion, non-biodegradable drug delivery implant
  - 58300: IUD insertion
  - 58301: Removal of IUD
  - 58565: Hysteroscopy, surgical; with bilateral fallopian tube cannulation to induce occlusion by placement of permanent implants
6. HCPCS codes covered in full (verify NDC on claim):
  - A4264: Permanent implantable contraceptive intratubal occlusion device(s) and delivery system (Essure)
  - A4261: Cervical cap for contraceptive use
  - A4266: Diaphragm for contraceptive use
  - A4268: Female condom
  - A4269: Contraceptive supply, spermicide
  - J1050: Injection, medoxyprogesterone acetate, 1 mg (generic only)
  - J7298: Levonorgestrel-releasing IUD, 52 mg, 5 year duration (Mirena)
  - J7300 Intrauterine copper contraceptive

- J7307 Etonogestrel [contraceptive] implant system, including implant and supplies (Nexplanon)
7. CPT codes for tubal ligation covered in full when billed with an ICD-10 code listed below:
- 58600: Ligation or transection of fallopian tube(s), abdominal or vaginal approach
  - 58605: Ligation or transection of fallopian tube(s), abdominal or vaginal approach, postpartum, during same hospitalization
  - 58611: Ligation or transection of fallopian tube(s) when done at the same time of cesarean delivery or intra-abdominal surgery
  - 58615: Occlusion of fallopian tube(s) by device, vaginal or suprapubic approach

## PROCEDURE

- All methods (including OTC) purchased through the Pharmacy Benefit Plan require a physician prescription.
- All medical claims submitted with ICD10 codes Z30.011 - Z30.9 and the CPT and HCPC codes noted above are covered at 100% according to the table below.
- All OTC methods can be submitted to the TPA with a physician prescription, medical claim form and receipt.
- Network requirements apply per plan guidelines, except for OTC contraceptive supplies.

Type	100% Coverage	Co-insurance applied	Claims processed by
Sterilization surgery	Tubal ligation	NA	Medical TPA
Surgical sterilization implant	Essure	NA	Medical TPA
Implantable rod	All generics, Nexplanon	Norplant, Implanon	Medical TPA or Pharmacy PBM
IUD (copper)	Any copper IUD	NA	Medical TPA
IUD with progestin	Mirena	Refer to ESI formulary	Medical TPA or Pharmacy PBM
Shot or injection	All generics. Refer to ESI formulary	Depo-provera; refer to ESI formulary	Medical TPA or Pharmacy PBM
Oral contraceptives (combined pill)	All generics. Refer to ESI formulary.	Refer to ESI formulary	Pharmacy PBM
Oral contraceptives (progestin only)	All generics. Refer to ESI formulary	Refer to ESI formulary	Pharmacy PBM
Oral contraceptives (extended continuous use)	All generics. Refer to ESI formulary	Refer to ESI formulary	Pharmacy PBM
Patches	All generics	Refer to ESI formulary	Pharmacy PBM
Vaginal contraceptive rings	Nuvaring	Refer to ESI formulary	Pharmacy PBM
Diaphragms	All generics	Refer to ESI formulary	Medical TPA or Pharmacy PBM
Sponges	OTC (requires prescription)	NA	Medical TPA (with claim form) or Pharmacy PBM
Cervical caps	OTC (requires prescription)	NA	Medical TPA (with claim form) or Pharmacy PBM
Female condoms	OTC (requires prescription)	NA	Medical TPA (with claim form) or Pharmacy PBM
Spermicide	OTC (requires prescription)	NA	Medical TPA (with claim form) or Pharmacy PBM
Emergency contraception (within 72 hrs.)	All generics or OTC (requires prescription)	Refer to ESI formulary	Medical TPA (with claim form) or Pharmacy PBM
Emergency contraception - non-hormonal (within 5 days)	Ella (requires prescription)	Refer to ESI formulary	Medical TPA (with claim form) or Pharmacy PBM