



Subject: Continuous Passive Motion (CPM) Policy

Effective Date: 04/2016

Review Date: 07/2018

DESCRIPTION

Continuous passive motion (CPM) is applied by a machine that passively and repeatedly moves the knee through a specified range of motion (ROM). It is believed that CPM increased recovery of knee ROM and has other therapeutic benefits.

PRIOR AUTHORIZATION

Currently, the OSU Health Plan does not require prior authorization for durable medical equipment (DME) less than \$2,000. Therefore, knee CPM does not require prior authorization and The OSU Health Plan will cover use of the device up to 21 days. Network restrictions may apply based on plan.

EXCLUSIONS

The OSU Health Plan does not cover the use of CPM beyond 21 days.

The OSU Health Plan does not cover use of CPM for joints other than the knee.

RELATED CPT/HCPC CODES

HCPC codes covered up to 21 days:

E0935	Continuous passive motion exercise device for use on knee only
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HCPCS codes not covered (per Medicare):

E0936	Continuous passive motion exercise device for use other than knee
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REFERENCES

Aetna. (2018, March 12). Continuous Passive Motion (CPM) Machines. Retrieved July 20, 2018, from http://www.aetna.com/cpb/medical/data/1_99/0010.html

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Centers for Medicare & Medicaid Services. (2005, July 5). *Durable Medical Equipment Reference (NCD 280.1)*. Retrieved April 6, 2016, from <https://www.cms.gov/medicare-coverage-database/details/ncd-details.aspx?NCDId=190&bc=AgAAQAAAAAAAA&ncdver=2>

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