

Subject: Nutritional Services Policy

Effective Date: 01/2006

Review Date: 07/2018

DESCRIPTION

Medical nutrition therapy involves the assessment of nutritional status and the assignment of diet, counseling, and/or specialized nutrition therapies to treat an illness or condition. Medical nutrition therapy has been integrated into the treatment guidelines for a number of chronic diseases, including cardiovascular disease, diabetes mellitus, hypertension, obesity, kidney disease, eating disorders, gastrointestinal disorders, seizures (i.e., ketogenic diet), and other conditions (e.g., chronic obstructive pulmonary disease) based on the efficacy of diet and lifestyle on the treatment of these conditions. Registered dietitians, working in a coordinated, multi-disciplinary team effort with the primary care physician, take into account a person’s food intake, physical activity, course of any medical therapy including medications and other treatments, individual preferences, and other factors.

BENEFIT/COVERAGE ISSUES

- A maximum of 6 visits per plan year may be covered for medical conditions and metabolic disorders (see diagnoses below).
 - Prior Authorization* not required
 - Plan guidelines apply

- Eligible providers will be searchable under Ancillary Service Provider (“Nutritional Counseling” or “Diabetic Counseling and Education”) on the OSU Health Plan (www.osuhealthplan.com) web site. Providers for this service are:
 - Registered dietitian
 - Certified Diabetes Educator

- Nutritional consultations may be an integrated part of or be combined with certain programs (Please see medical guidelines for weight management programs and weight loss surgery program).

- Educational materials, tapes, journals, charts, liquid supplements, prepared food, nutrient supplements, exercise programs and exercise equipment are not covered.

DIAGNOSES WHICH MAY SUPPORT MEDICAL NECESSITY

ICD-10 codes may include, but are not limited to:

B20	Human immunodeficiency virus [HIV] disease
C00.0 – D49.9	Neoplasms
D50.0 – D50.9	Iron deficiency anemia
D51.0 – D51.9	Vitamin B12 deficiency anemia
D52.0 – D52.9	Folate deficiency anemia
D53.0 – D53.9	Other nutritional anemias
E08.0 – E13.9	Diabetes mellitus
E40, E42	Kwashiorkor
E41	Nutritional marasmus
E43	Unspecified severe protein-calorie malnutrition
E44 – E46, E64.0	Malnutrition
E50.0 – E64.9	Other nutritional deficiencies

E66.0 – E66.9	Overweight and obesity
E70 – E88	Metabolic disorders
F50.0 – F50.9	Eating disorders
G40.0 – G40.919	Epilepsy and recurrent seizures
G47.33	Obstructive sleep apnea (adult) (pediatric)
G70.0 – G70.9	Myasthenia gravis and other myoneural disorders
I10 – I15.9	Hypertensive diseases
I20.0 – I25.9	Ischemic heart diseases
I27.0 – I27.9	Other pulmonary heart diseases
I42.0 – I42.9	Cardiomyopathy
I50 – I50.9	Heart failure
I51.4	Myocarditis
I51.5	Myocardial degeneration
I51.7	Cardiomegaly
I69.091, I69.191, I69.291, I69.391, I69.891, I69.991	Dysphagia due to cerebrovascular disease
K22.4	Dyskinesia of esophagus
K25 – K31.9	Gastrointestinal disorders
K50.0 – K52.9	Noninfective enteritis and colitis
K55.0 – K64.9	Other diseases of intestines
K65.0 – 68.9	Diseases of the peritoneum and retroperitoneum
K70.0 – K77	Diseases of liver
K80.0 – K87	Disorders of gallbladder, biliary tract and pancreas
K90.0 – K95.89	Other diseases of the digestive system
M1A.00 – M10.9	Gout
N00.0 – N08	Glomerular diseases
N10 – N16	Renal tubule-interstitial diseases
N17.0 – N19	Acute kidney failure and chronic kidney disease
N20.0 – N23	Urolithiasis
N25 – N29	Other disorders of kidney and ureter
N30 – N39.9	Other diseases of the urinary system
O10.0 – O16	Edema, proteinuria and hypertensive disorders in pregnancy, childbirth and the puerperium
O21.0 – O21.9	Excessive vomiting in pregnancy
O24.0 – O24.9	Diabetes mellitus in pregnancy, childbirth, and the puerperium
O25.1 – O26.13	Malnutrition in pregnancy, childbirth, and the puerperium
O26.831 – O26.839	Pregnancy related renal disease
O90.89	Other complications of the puerperium, NEC
O99.810 – O99.815	Abnormal glucose complicating pregnancy, childbirth and the puerperium
P76.0 – P78.9	Digestive system disorders of newborn
P92.0 – P92.9	Feeding problems of newborn
Q38.0 – Q45.9	Other congenital malformations of the digestive system
Q60.0 – Q64.9	Congenital malformations of the urinary system
R06.00	Dyspnea, unspecified
R10.0 – R19.8	Symptoms and signs involving the digestive system and abdomen
R56.9	Unspecified convulsions
R62.50 – R62.59	Other and unspecified lack of expected normal physiological development in childhood
R62.7	Adult failure to thrive
R63.0 – R64	Symptoms and signs concerning food and fluid intake
R73.0 – R73.9	Elevated blood glucose level

R80.2	Orthostatic proteinuria, unspecified
Z68.25 – Z68.45	Body mass index [BMI] 25.0 – 70 or greater, adult
Z68.51 – Z68.54	Body mass index [BMI] pediatric
Z71.3	Dietary counseling and surveillance
Z72.4	Inappropriate diet and eating habits
Z85.0 – Z85.9	Personal history of malignant neoplasm
Z91.010 – Z91.018	Food allergy status
Z93.1	Gastrostomy status
Z93.4	Other artificial openings of gastrointestinal tract status
Z98.84	Bariatric surgery status

CODING GUIDELINES

Diabetic Nutrition Education G0108, G0109, S9140, S9141, S9145, S9445, S9446, S9455, S9460, S9465

Nutrition Counseling 97802, 97803, 97804, S9452, S9470

INDICATIONS FOR NURSE APPROVAL

Nutritional services will be covered according to the above guidelines to a maximum benefit of 6 visits per calendar year.

PHYSICIAN DISCUSSION POINTS

* For more information about Prior Authorization, contact OSU Health Plan at (614) 292-4700, (800) 678-6269 or on line at www.osuhealthplan.com.

REASONS FOR PHYSICIAN REVIEWER DENIAL

Services not provided by a licensed or certified clinician

The OSU Health Plan considers nutritional counseling of unproven value for conditions that have not been shown to be nutritionally related, including but not limited to asthma, attention-deficit hyperactivity disorder, chronic fatigue syndrome and schizophrenia.

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