



**Subject:** Breast Pumps Policy

**Effective Date:** 1/1/16

**Revision Date:** 10/19

**Review Date:** 8/17

## DESCRIPTION

Breast pumps are medical devices regulated by the FDA. These devices are often used by breastfeeding women to extract (“express”) their breast milk. Breast pumps can also be used to maintain or increase a woman’s milk supply, relieve engorged breasts and plugged milk ducts, or pull out flat or inverted nipples so a nursing baby can latch-on to its mother’s breast more easily.

There are three basic types of breast pumps:

- Manual pumps
- Battery-powered pumps
- Electric pumps

## POLICY

The OSU Health Plan considers the purchase of one manual **or** one standard electric breast pump (HCPCS E0602 or E0603) medically necessary per birth or adoption without cost sharing. All OSU health plans must utilize a network provider for the claim to be processed without member responsibility. The pump can be obtained during the 3<sup>rd</sup> trimester or postpartum period.

The OSU Health Plan considers rental of an electric, heavy-duty, hospital-grade breast pump (HCPCS E0604) medically necessary for any of the following indications:

- When a breastfeeding infant is confined to the hospital (rental is not considered medically necessary once the infant is discharged unless another indication is met); or
- When a breastfeeding infant has a medical, congenital or genetic condition that interferes with breastfeeding (for example, respiratory or cardiac condition, cleft palate); or
- For any infants who for medical reasons are temporarily unable to nurse directly from the breast, such as during hospitalization of the mother; or
- For multiples (including twins), until breast-feeding at the breast is established consistently; or
- When the mother has been unsuccessful expressing sufficient breast milk after a trial using a manual, battery powered or standard electric pump, when the following criteria are met:
  - Trial of standard pump is well documented (i.e., lactation consultation notes, etc.).
  - Medical necessity review is required every 3 months after initial authorization. Coverage will be limited to the first 12 months of life if approved.
- When the infant has poor weight gain related to milk production and pumping breast milk is an intervention in the provider’s plan of care, when the following criteria are met:
  - The infant has a documented weight loss of 7% or greater despite use of conventional breast pump for a minimum of 2 weeks.
  - Medical necessity review is required every 3 months after initial authorization. Coverage will be limited to the first 12 months of life if approved.

A hospital grade breast pump is not medically necessary when the above criteria are not met or when it is requested solely to allow for the mother’s return to work or mother’s or family convenience.

Rental of an electric, heavy-duty, hospital-grade breast pump (HCPCS E0604) is covered according to the member's DME benefit.

The OSU Health Plan considers purchase of heavy duty electrical (hospital grade) breast pumps not medically necessary.

## PROCEDURE

The covered individual can obtain a breast pump according to the guidelines specified above. Network restrictions may apply based on the covered individual's health plan.

## PRIOR AUTHORIZATION

Rental of an electric, heavy-duty, hospital-grade breast pump (HCPCS E0604) requires prior authorization.

## EXCLUSIONS

The OSU Health Plan does not cover the following breast pump-related items:

- Baby weight scales
- Batteries, battery-powered adaptors, and battery packs
- Bottles which are not specific to breast pump operation including the associated bottle nipples, caps and lids
- Breast milk storage bags, ice-packs, labels, labeling lids, and other similar products
- Breast pump cleaning supplies including soap, sprays, wipes, steam cleaning bags and other similar products
- Creams, ointments, and other products that relieve breasts or nipples
- Electrical power adapters for travel
- Garments or other products that allow hands-free pump operation
- Nursing bras, bra pads, breast shells, nipple shields, and other similar products
- Travel bags, and other similar travel or carrying accessories
- Willow and Elvie wearable breast pumps

## CODING GUIDELINES

HCPCS codes covered if selection criteria are met:	
E0602 (purchase)	Breast pump, manual, any type
E0603 (purchase)	Breast pump, electric (AC and/or DC), any type
E0604 (rental)	Breast pump, hospital grade, electric (AC and/or DC), any type

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