

**Subject:** Tobacco Cessation Program Benefit Policy

**Effective Date:** 1/2006

**Revision Date:** 4/2020

**Review Date:** 10/2019

## **DESCRIPTION**

The Ohio State University supports health and wellness related activities for its health plan members. This program will provide tobacco-users, including vaping and e-cigarettes, an opportunity to quit successfully through structured individual or group programs. This benefit will also provide coverage of (FDA)-approved tobacco cessation medications.

## **BENEFIT/COVERAGE ISSUES**

Health plan members can choose from a number of approved programs. For the current providers, members should be directed to: <http://tobaccofree.osu.edu/resources/> where complete information regarding tobacco cessation programs, coverage and reimbursement can be accessed. Approved tobacco cessation programs are covered at 100% per the Ohio State University Faculty and Staff Health Plans Specific Plan Details Document (SPD).

Members who are interested in self-enrolling into Health Coaching Programs can do so by contacting the OSU Health Plan office at 614 292-4700 or 800 678-6269.

Certain smoking cessation medications and nicotine supplements are covered at 100% through the OSU Pharmacy Benefit Plan at any Express Scripts preferred network pharmacy. The employee or their dependent is required to obtain a prescription from a physician or other authorized prescribing professional such as a Nurse Practitioner or Physician Assistant and present the prescription when they go to pick up the cessation product.

Covered OTC nicotine supplements include patches, gum, and lozenges. Generic prescription medications approved for smoking cessation are also covered. Certain brand prescriptions may be covered when no generic exists. Smoking cessation services provided by a behavioral health provider are covered at the same rate that Behavioral Health Services are covered per member plan (please note: the coverage amounts and deductible amounts vary from plan to plan).

## **CODING GUIDELINES**

### **DIAGNOSES WHICH MAY SUPPORT MEDICAL NECESSITY**

ICD10 code: F17.200 – F17.291 Nicotine dependence

### **RELATED CPT CODES**

99605: Medication therapy management service(s) provided by a pharmacist, individual, face- to-face with patient initial 15 minutes, with assessment, and intervention if provided; initial encounter.

99606: subsequent encounter

99607: each additional 15 minutes

96150: Health and behavior assessment (e.g. Health focused clinical interview, behavioral observations, psycho-physiological monitoring, health-oriented questionnaires), each 15 minutes face-to-face with the patient, initial assessment

96152: individual face to face. Health and behavior assessment (e.g. Health focused clinical interview, behavioral observations, psycho-physiological monitoring, health-oriented questionnaires.)

96153: group of 2 or more patients. Health and behavior assessment (e.g. Health focused clinical interview, behavioral observations, psycho-physiological monitoring, health-oriented questionnaires.)

#### **INDICATIONS FOR NURSE APPROVAL**

Prior authorization not required.

#### **REASONS FOR PHYSICIAN REVIEWER DENIAL**

Retrospective appeal for coverage of a non-approved program.

#### **REFERENCES**

"Faculty and Staff Health Plans Specific Plan Details Document." The Ohio State University Office of Human Resources, 31 Dec. 2018. <https://hr.osu.edu/wp-content/uploads/medical-spd.pdf>.