



Buckeyes for Breastfeeding Support Groups

Complimentary monthly support groups brought to you by the OSU Health Plan.

OSU Health Plan benefits-enrolled members who are new, expectant, and experienced parents are invited! Bring your little ones, meet other parents, engage in breastfeeding discussions, and receive peer support. Sessions are led by a nurse and physician lactation specialists. All OSU Health Plan members welcome!

Whether you are just starting to breastfeed or if you are already back to work, these groups are designed to offer encouragement and support. Participants do not have to be enrolled in the Buckeye Baby program to attend.

For scheduling or any other questions, call (614) 292-4700, extension 0 or email osuhpbuckeyebaby@osumc.edu.



Join us at the next Buckeyes for Breastfeeding Support Group virtual video meeting!

Buckeyes for Breastfeeding: Starting Out Right

Designated Wednesdays: 1/27, 2/24, 3/24, 4/28, 5/26 and 6/23
11:00 a.m to 12:00 p.m.

Buckeyes for Breastfeeding: Back to Work

Designated Thursdays: 1/28, 2/25, 3/25, 4/29, 5/27 and 6/24
6:00 p.m to 7:00 p.m.

To register, visit linktohealth.osu.edu, select “educational program” and search the keyword “breastfeeding.”

Important Note: Participants are encouraged to register in advance online in case there is ever a change to a meeting date, time, or location.

Due to COVID-19, all meetings will be held virtually.

Join us from the comfort of your home! These meetings are very informal, so feel free to dress comfortably and *bring your baby!*