

OSU Health Plan

BUCKEYE BABY PROGRAM

Incentive points available one time per calendar year.

Webinar Session

OSU Health Plan Benefits During Pregnancy

500 points



Webinar Session

What to Expect: Pregnancy and Beyond

500 points



Webinar Session

Nutrition and Physical Activity During Pregnancy

500 points



Webinar Session

Lactation Benefits and Resources

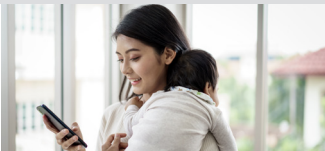
500 points



Telephonic Session

Attend Postpartum Follow-Up Call (up to three times/year)*

1,000 points



Telephonic Session

Attend Postpartum Wellness Call With a Health Coach**

1,000 points



** Incentive points for telephonic sessions are available for birthing people enrolled in the OSU Health Plan.*

*** Birthing and non-birthing parents eligible.*



THE OHIO STATE
UNIVERSITY
HEALTH PLAN



The Buckeye Baby program from the OSU Health Plan and Your Plan for Health (YP4H) offers support to expectant parents from early pregnancy through postpartum. All services are complimentary and confidential for those who have OSU Health Plan benefits.



To learn more, visit osuhealthplan.com, email OSUHPBuckeyeBaby@osumc.edu or call (614) 292-4700 (option 1, then option 1).

Live and Recorded Prenatal Webinars

These webinars review different pregnancy-related topics including:

- OSU Health Plan Benefits During Pregnancy
 - What to Expect: Pregnancy and Beyond
 - Lactation Benefits and Resources
 - Nutrition and Physical Activity During Pregnancy
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Postpartum Telephonic Support

A Buckeye Baby team member will provide prenatal and postpartum support:

- Scheduled postpartum follow up calls at two weeks, three months, and six months
 - Provides resources and continued support through pregnancy and postpartum
 - Health Coach wellness call with parents
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Lactation Support and Resources

Provides information on how to access OSU Health Plan lactation benefits.

- Breast/chestfeeding tips
 - Lactation resources and support
 - Breast pump ordering process
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Your Plan for Health (YP4H) Incentive Points

Expecting parents can earn YP4H incentive points by participating in the Buckeye Baby Program.