

Lactation Providers and Resources

The OSU Health Plan covers up to six (6) lactation counseling visits at 100% for each birth during the third trimester and the first 12 months postpartum. Coverage is also provided for adoption, starting at three (3) months prior to the adoption and extending through the first 12 months after the infant's birth (minus supplies and travel expenses).

In-Home Lactation Providers

Mama's Arms: Jill Davis (614) 506-0150

- In-home and in-office options available.
- Requires payment upfront. Member will need to submit the receipt and [claim form](#) to Luminare for reimbursement.

Baby's Best Beginning: (740) 438-2032 (direct billing to insurance)

- Virtual only
- [Meet the team](#)

Nurture Columbus: (614) 407-4305 (direct billing to insurance)

- Virtual and in-home options available. [Click here](#) for service areas.
- [Meet the team](#)

L & M Lactation: (614) 219-9725 (direct billing to insurance)

- Virtual, in-home, and in-office options available.
- [Meet the team](#)

Little Dove LLC: (614) 219-9795 (direct billing to insurance)

- Virtual, in-home and in-office options available.
- [Meet the team](#)



Outpatient Lactation Providers and Support Lines

Ohio State Lactation Line and Scheduling: (614) 293-8910

Green Living and Wellness: Kellie Green (614) 974-2211

- Virtual and in-office options available.

Kristina Lehman Breastfeeding Medicine: (614) 398-1974

- Virtual and in-office options available.

Ohio Health Breastfeeding Support Services:

- Women's Boutique at Riverside Methodist Hospital: (614) 566-3434
- Dublin Methodist Hospital: (614) 544-8488

Mount Carmel St. Ann's Breastfeeding Center: (614) 234-6455

- Outpatient visits and in-person support groups on Tuesdays, 10:30 a.m. to 11:30 a.m.

La Leche League: 24-hour breastfeeding hotline: (877) 4-LALECHE or (877) 452-5324.

Droplet

Questions or concerns? Please reach out to the Buckeye Baby Team via email at: OSUHPbuckeyebaby@osumc.edu