

# Buckeye Baby Program

The Buckeye Baby program from the OSU Health Plan and Your Plan for Health (YP4H) offers support to expectant parents from early pregnancy through postpartum. All services are complimentary and confidential for those enrolled in a Faculty and Staff Medical Plan.

## Live and Recorded Prenatal Webinars

These webinars review different pregnancy-related topics including:

- OSU Health Plan Benefits During Pregnancy
- What to Expect: Pregnancy and Beyond
- Lactation Benefits and Resources
- Nutrition and Physical Activity During Pregnancy

Note: Webinars are in English and interpreters can be scheduled for 1:1 telephonic sessions

## Postpartum Telephonic Support

A Buckeye Baby team member will provide prenatal and postpartum support:

- Scheduled postpartum follow up calls at two weeks, three months, and six months
- Provides resources and continued support through pregnancy and postpartum
- Health Coach wellness call with parents

## Lactation Support and Resources

Provides information on how to access OSU Health Plan lactation benefits.

- Breastfeeding/lactation tips
- Lactation resources and support
- Breast pump ordering process

## Your Plan for Health Incentive Points

Expecting parents can earn YP4H incentive points by participating in the Buckeye Baby Program.

## Learn More or Join the Program

- Visit: [osuhealthplan.com](https://osuhealthplan.com)
- Email: [OSUHPBuckeyeBaby@osumc.edu](mailto:OSUHPBuckeyeBaby@osumc.edu)
- Call: (614) 292-4700 (Option 1, then Option 1)



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