

# Buckeye Baby Program

The Buckeye Baby program from the OSU Health Plan and Your Plan for Health (YP4H) offers support to expectant parents from early pregnancy through postpartum. All services are complimentary and confidential for those enrolled in a Faculty and Staff Medical Plan.



## Live and Recorded Prenatal Webinars

These webinars cover essential pregnancy and parenting topics:

- Know your OSU Health Plan Benefits During Pregnancy
- From Bump to Baby: What to Expect Along the Way
- Feeding Baby, Supporting You: Understanding Lactation Benefits
- The 4th Trimester Journey: Healing, Bonding and Support
- Growing With Every Bite: Nutrition During Pregnancy
- Tiny Tastebuds: A Guide to Starting Solids
- Movement for Every Trimester

**Note:** Webinars are in English and interpreters can be scheduled for 1:1 telephonic sessions



## Postpartum Telephonic Support

A Buckeye Baby team member will provide personalized prenatal and postpartum support:

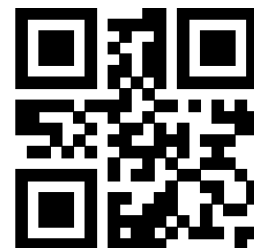
- Postpartum follow-up calls at two weeks, three months, and six months
- Resources and ongoing support throughout pregnancy and postpartum
- Health Coach wellness call for parents



## Lactation Support and Resources

Learn how to access OSU Health Plan lactation benefits, including:

- Breastfeeding/lactation tips
- Lactation resources and support
- Breast pump ordering process



## Learn More or Join the Program

☎ (614) 292-4700  
(Option 1, then Option 1)

✉ OSUHPBuckeyeBaby@osumc.edu

📄 Visit the  
Buckeye Baby page



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HEALTH PLAN

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