

Buckeye Baby Program

The Buckeye Baby program from the OSU Health Plan and Your Plan for Health (YP4H) offers support to expectant parents from early pregnancy through postpartum. All services are complimentary and confidential for those enrolled in a Faculty and Staff Medical Plan.



Live and Recorded Prenatal Webinars

These webinars cover essential pregnancy and parenting topics:

- Know your OSU Health Plan Benefits During Pregnancy
- From Bump to Baby: What to Expect Along the Way
- Feeding Baby, Supporting You: Understanding Lactation Benefits
- The 4th Trimester Journey: Healing, Bonding and Support
- Growing With Every Bite: Nutrition During Pregnancy
- Tiny Tastebuds: A Guide to Starting Solids
- Movement for Every Trimester

Note: Webinars are in English and interpreters can be scheduled for 1:1 telephonic sessions



Postpartum Telephonic Support

A Buckeye Baby team member will provide personalized prenatal and postpartum support:

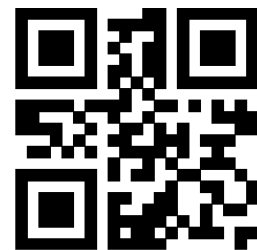
- Postpartum follow-up calls at two weeks, three months, and six months
- Resources and ongoing support throughout pregnancy and postpartum
- Health Coach wellness call for parents



Lactation Support and Resources

Learn how to access OSU Health Plan lactation benefits, including:

- Breastfeeding/lactation tips
- Lactation resources and support
- Breast pump ordering process



Learn More or Join the Program

☎ (614) 292-4700
(Option 1, then Option 1)

✉ OSUHPBuckeyeBaby@osumc.edu

📄 Visit the
Buckeye Baby page



THE OHIO STATE UNIVERSITY
HEALTH PLAN

osuhealthplan.com