



Subject: Orthoptic Therapy (Vision Therapy)

Revision Date: 12/25

DESCRIPTION

Orthoptic therapy is a treatment plan used to correct or improve specific dysfunctions of the vision system.

APPLICABILITY

This policy applies to all OSU Health Plan (OSUHP) benefit plans.

DEFINITIONS

Accommodative Insufficiency is a condition where the patient's amplitude of accommodation is below that expected for his or her age.

Accommodative Infacility (also called accommodative inertia) is defined as sluggishness in changing from one level of accommodation to another.

Accommodative Excess (also known as accommodative spasm) is a greater accommodative response than is considered to be normal of a given stimulus.

Symptoms common to all types of accommodative dysfunctions are reduced nearpoint activity, a general inability to sustain nearpoint visual acuity, asthenopia, excessive rubbing of the eyes, headaches, periodic blurring of distance vision after prolonged near visual activities, periodic double near vision, and excessive fatigue at the end of the day.

Amblyopia is typically defined as visual acuity of 20/40 or worse in the affected eye, or a difference of two or more lines between the eyes on a standard vision chart.

Convergence Excess (CE) is a sensory and neuromuscular anomaly of the binocular vision system, characterized by an excessive amount of convergence. Common symptoms include diplopia, headache, asthenopia, blurred vision, and avoidance or inability to sustain near visual tasks.

Convergence Insufficiency (CI) is a common and distinct binocular vision disorder. Common symptoms include diplopia, asthenopia (eye strain), headaches, and blurred vision usually associated with activities requiring close vision.

Divergence Excess (DE) is a vergence anomaly characterized by exophoria at distance greater than the near deviation. Patients with DE may be asymptomatic or may experience diplopia or asthenopia.

Oculomotor Dysfunction refers to difficulties in eye movements.

POLICY

Benefit will be limited to 12 sessions per lifetime for a covered diagnosis. No follow-up exams will be covered.

OSUHP considers eye-tracking digital systems (e.g., the CureSight System) medically necessary for treating amblyopia when a child aged 4 to 9 years has undergone and not responded to at least six months of conservative therapy (such as full-time corrective glasses, patching, Bangerter filters, and/or atropine penalization). CureSight System will be covered for a maximum of 16 weeks when criteria are met.

PROCEDURE

Luminare will process claims according to the guidelines listed in this policy.

PRIOR AUTHORIZATION

No prior authorization is required. Benefit is limited to 12 visits per lifetime for the diagnoses listed in this policy.

EXCLUSIONS

OSU Health Plan does not cover the following (not all-inclusive):

- Orthoptic therapy for a non-covered diagnosis
- Orthoptic therapy beyond 12 visits in a member's lifetime
- Use of visual information processing evaluations
- Online / digital therapeutic vision training software (e.g., RevitalVision)
- RightEye Sensorimotor
- Visual information processing evaluations
- CureSight System use for greater than 16 weeks

CODES

CPT/HCPC Code(s) covered if selection criteria are met:

Code	Description
92065	Orthoptic training; performed by a physician or other qualified health care professional
92066	Orthoptic training; under supervision of a physician or other qualified health care professional
0704T	Remote treatment of amblyopia using an eye tracking device; device supply with initial set-up and patient education on use of equipment
0705T	Remote treatment of amblyopia using an eye tracking device; surveillance center technical support including data transmission with analysis, with a minimum of 18 training hours, each 30 days
0706T	Remote treatment of amblyopia using an eye tracking device; interpretation and report by physician or other qualified health care professional, per calendar month

CPT/HCPCS Code(s) not covered for any indication:

Code	Description
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0687T	Treatment of amblyopia using an online digital program; device supply, educational set-up, and initial session
0688T	Treatment of amblyopia using an online digital program; assessment of patient performance and program data by physician or other qualified health care professional, with report, per calendar month
92060	Sensorimotor examination with multiple measurements of ocular deviation (e.g., restrictive or paretic muscle with diplopia) with interpretation and report (separate procedure)
A9292	Prescription digital visual therapy, software-only, FDA cleared, per course of treatment

Diagnosis codes that support medical necessity:

Code	Description
H50.01 – H50.34	Esotropia, Exotropia, vertical strabismus, intermittent heterotropia
H50.51 – H50.53	Esophoria, Exophoria, vertical heterophoria
H51.11 – H51.12	Convergence insufficiency and spasm
H51.8	Other specified disorders of binocular movement
H52.511 – H52.533	Disorders of accommodation
H52.6	Other disorders of refraction
H53.01 – H53.043	Amblyopia
H55.81	Saccadic eye movements
H55.89	Other irregular eye movements

REFERENCES

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Board Certified Participating Ophthalmologist

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