

Your Pregnancy Roadmap

We've Got You Covered!

Find childcare options/waitlist	EARLY PREGNANCY (SET YOURSELF UP)
Learn about Your Plan for Health (YP4H) Wellness Program	
Choose baby's health care provider	MID PREGNANCY (PLAN AND PREPARE)
Review medical plan cost	
Schedule childbirth and pregnancy classes	
Request Family Medical Leave	LATE PREGNANCY (ALMOST THERE)
Order breast pump	
Talk to your OB provider about your birth plan	
Request OSUWMC lactation room access	
Locate breastfeeding support and lactation rooms	
Install car seat	
Enroll baby in health plan (within 30 days) Workday (OSU Faculty/Staff); ADP (OSU Physicians)	AFTER BABY ARRIVES (WE HELP YOU HERE, TOO!)
Schedule baby's first pediatric visit (2–3 days after discharge)	
Complete Buckeye Baby postpartum call (within 2 weeks)	
Schedule OB postpartum follow-up (4–6 weeks)	
Order baby's birth certificate	
Complete Dependent Eligibility Verification by the deadline assigned to you from Alight.	

