

Buckeye Baby Program

The Buckeye Baby program from the OSU Health Plan and Your Plan for Health (YP4H) offers support to expectant parents from early pregnancy through postpartum. All services are complimentary and confidential for those enrolled in a Faculty and Staff Medical Plan.



Benefits of Participation



Personalized Care Team

Nurses • Dietitians • Health Coaches • Community Health Worker



Education for Every Stage

Live Presentations • Digital Resources



Specialized Support

Pregnancy Concerns • Unexpected Challenges • High Risk Conditions



Postpartum Connection

Follow-Up Calls • Resource Navigation • Lactation Support



Questions or concerns?

Please reach out to the Buckeye Baby Team via email at:

OSUHPbuckeyebaby@osumc.edu



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Buckeye Baby Webinars

Learn, connect, and prepare with live webinars from pregnancy through postpartum. Each live session is recorded, so you can watch it later if you're unable to attend. Choose the topics that interest you most and connect with other expectant parents along the way.



Know Your Health Plan Benefits During Pregnancy

Understand your pregnancy coverage, expected costs, and helpful health plan resources.



Feeding Baby, Supporting You

Explore lactation support, breast pump benefits, common feeding concerns, and ways to care for yourself.



From Bump to Baby

Learn what to expect throughout pregnancy, including screenings, vaccines, classes, and postpartum resources.



Growing With Every Bite

Discover key pregnancy nutrients and simple ways to build balanced meals that support you and your growing baby.



The 4th Trimester Journey

Prepare for postpartum healing, bonding, sleep, feeding, and the emotional adjustments of early parenthood.



Tiny Tastebuds

Learn when your baby is ready for solid foods, what to offer first, and how to introduce foods safely.



Movement for Every Trimester

Find safe, practical ways to stay active, build strength, and adapt movement as your body changes.

Note: Webinars are in English and interpreters can be scheduled for 1:1 telephonic sessions.



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